

# NK Run Bike Run | Nissewaard | 09-10-2016

Uitslag Kwart Heren per Categorie



## Mannen 20-39 jaar

Pos	StartNr	Cat	NK	Naam	Woonplaats	Run1	#Run1	Wis1	#W1	Bike	#Bike	NaBike	#NaB	Wis2	#W2	Run2	#Run2	Total	DQ
1	15	H20+	x	Nils Pennekamp	Castricum	00:32:37	1	00:01:15	4	00:57:29	2	01:31:21	1	00:02:35	16	00:17:19	1	01:51:14	
2	2	H20+	x	Alexander Picard	Chaam	00:33:37	3	00:01:13	2	00:56:54	1	01:31:43	2	00:02:00	1	00:18:06	2	01:51:48	
3	7	H20+	x	Thijs Wiggers	Groningen	00:34:42	5	00:01:25	12	00:59:22	5	01:35:28	5	00:02:12	5	00:19:03	5	01:56:43	
4	49	H20+	x	Hendrik Venema	Nijmegen	00:35:13	7	00:01:23	9	00:58:52	3	01:35:27	4	00:02:13	6	00:19:33	10	01:57:11	
5	23	H20+	x	Sander Smeets	Landgraaf	00:35:06	6	00:01:31	15	00:58:56	4	01:35:32	6	00:02:19	8	00:19:30	8	01:57:21	
6	1	H20+	x	Stein Posthuma	Delft	00:33:07	2	00:01:12	1	00:59:54	6	01:34:11	3	00:02:29	14	00:20:50	14	01:57:30	
7	33	H20+	x	Henk van Leeuwen	Breda	00:33:49	4	00:01:23	10	01:01:41	9	01:36:52	7	00:02:32	15	00:19:31	9	01:58:54	
8	16	H20+	x	Gert Brinkman	Amsterdam	00:35:41	9	00:01:15	3	01:01:56	11	01:38:51	9	00:02:08	4	00:18:11	3	01:59:09	
9	21	H20+	x	Christiaan Solleveld	Hoek van holla	00:36:29	12	00:01:27	13	01:00:23	7	01:38:18	8	00:02:20	9	00:19:16	6	01:59:54	
10	8	H20+	x	Pim de Kok	Enschede	00:35:15	8	00:01:16	5	01:03:48	15	01:40:18	11	00:02:05	2	00:18:50	4	02:01:12	
11	12	H20+	x	Robert de Korte	Spijkenisse	00:36:27	11	00:01:22	7	01:01:39	8	01:39:27	10	00:02:18	7	00:19:58	11	02:01:42	
12	24	H20+	x	Martin Nieuwstraten	Spijkenisse	00:36:41	13	00:01:30	14	01:02:33	13	01:40:43	13	00:02:21	10	00:20:18	12	02:03:21	
13	13	H20+	x	Niels Persoon	Naaldwijk	00:37:11	15	00:01:25	11	01:01:44	10	01:40:19	12	00:02:22	11	00:20:55	15	02:03:35	
14	3	H20+	x	Jan van der Meijs	Zuidland	00:38:04	17	00:01:21	6	01:02:24	12	01:41:48	14	00:02:27	13	00:19:29	7	02:03:43	
15	19	H20+	x	Niels-Peter Foppen	Utrecht	00:35:56	10	00:01:22	8	01:05:19	17	01:42:35	16	00:02:05	3	00:20:47	13	02:05:27	
16	26	H20+	x	Michiel Broeksma	Zwolle	00:37:05	14	00:01:35	17	01:03:37	14	01:42:15	15	00:02:49	19	00:21:59	17	02:07:02	
17	14	H20+	x	René Kleizen	Rotterdam	00:37:52	16	00:01:38	18	01:07:07	20	01:46:35	17	00:02:24	12	00:21:01	16	02:10:00	
18	27	H20+	x	Christian Monna	Spijkenisse	00:41:21	20	00:01:48	21	01:04:58	16	01:48:06	18	00:02:41	17	00:23:48	20	02:14:34	
19	17	H20+	x	Matthijs Munnik	Utrecht	00:40:33	19	00:02:16	22	01:06:17	18	01:49:05	20	00:03:54	22	00:22:23	18	02:15:21	
20	309	H20+		Karel Groenendijk	Rotterdam	00:41:42	22	00:01:38	19	01:09:12	21	01:52:31	21	00:02:57	20	00:22:39	19	02:18:06	
21	312	H20+		Maciej Wiktor	's-gravenhage	00:41:26	21	00:01:34	16	01:15:01	22	01:57:59	22	00:02:47	18	00:24:15	22	02:25:01	
22	308	H20+		Jeroen Schaap	Pijnacker	00:41:47	23	00:02:24	23	01:18:23	23	02:02:32	23	00:03:26	21	00:24:05	21	02:30:02	
23	22	H20+	x	Kaey van Rij	Hoogvliet	00:40:25	18	00:01:42	20	01:06:47	19	01:48:53	19						DNF
24	18	H20+	x	Paul Konijnenburg	Dongen	00:38:58		00:02:22		01:07:35		01:48:53		00:03:37		00:22:13		02:14:42	DQ
25	25	H20+	x	Sebastiaan Wittenber	Spijkenisse	00:37:45		00:01:44		01:10:27		01:49:54		00:03:44					DQ

## Mannen 40-44 jaar

Pos	StartNr	Cat	NK	Naam	Woonplaats	Run1	#Run1	Wis1	#W1	Bike	#Bike	NaBike	#NaB	Wis2	#W2	Run2	#Run2	Total	DQ
1	35	H40+	x	Mathijs de Vroome	Peize	00:36:22	1	00:01:19	1	01:01:18	1	01:38:57	1	00:02:09	1	00:18:20	1	01:59:26	
2	38	H40+	x	Rob van der Werff	Tiel	00:36:56	3	00:01:29	3	01:02:09	2	01:40:33	2	00:02:21	4	00:19:41	2	02:02:34	
3	6	H40+	x	Bas van Beek	Oene	00:36:37	2	00:01:25	2	01:02:38	3	01:40:39	3	00:02:17	2	00:20:00	3	02:02:55	
4	44	H40+	x	Pieter Frankema	Lelystad	00:42:00	8	00:01:43	5	01:02:41	4	01:46:23	5	00:02:41	5	00:22:03	5	02:11:07	

# NK Run Bike Run | Nissewaard | 09-10-2016

## Uitslag Kwart Heren per Categorie



5	42	H40+	x	Tijs van Gemert	Zevenhuizen	00:40:12	7	00:01:44	6	01:03:58	5	01:45:53	4	00:02:17	3	00:23:12	10	02:11:21	
6	36	H40+	x	Herke Kranenburg	Overijse	00:39:21	5	00:01:41	4	01:06:46	8	01:47:47	6	00:02:45	6	00:22:20	7	02:12:52	
7	34	H40+	x	Bart Veelers	Rotterdam	00:40:02	6	00:01:48	7	01:06:53	9	01:48:43	7	00:02:57	7	00:22:21	8	02:14:00	
8	43	H40+	x	Edwin van Straten	Spijkenisse	00:42:17	9	00:02:02	11	01:05:09	7	01:49:27	8	00:03:04	10	00:22:05	6	02:14:35	
9	41	H40+	x	Robin Robart	Strijensas	00:39:07	4	00:01:52	9	01:09:28	10	01:50:25	10	00:03:01	9	00:22:25	9	02:15:50	
10	307	H40+		Robert Reijers	Dordrecht	00:42:38	11	00:02:10	12	01:04:49	6	01:49:36	9	00:03:08	11	00:24:12	12	02:16:55	
11	40	H40+	x	Ferry de Valk	Heerjansdam	00:42:28	10	00:01:53	10	01:16:28	14	02:00:49	12	00:02:58	8	00:21:29	4	02:25:15	
12	39	H40+	x	Jerry Kenbeek	Voorburg	00:43:31	12	00:01:50	8	01:09:39	11	01:55:00	11	00:03:13	12	00:28:29	16	02:26:41	
13	46	H40+	x	Bob Hart	Maassluis	00:44:43	13	00:02:23	14	01:14:20	13	02:01:25	13	00:03:19	13	00:23:43	11	02:28:27	
14	306	H40+		Henning Scholz	Den haag	00:48:15	15	00:02:31	15	01:13:45	12	02:04:31	14	00:03:40	14	00:27:19	14	02:35:28	
15	37	H40+	x	Hans Beukema	Den haag	00:46:02	14								00:24:17	13	02:37:46		
16	313	H40+		Marc Weerts	Spijkenisse	00:49:07	16	00:02:19	13	01:21:08	15	02:12:32	15	00:03:48	15	00:27:29	15	02:43:48	
17	45	H40+	x	Arnoud van Garderen	Leusden	00:40:10		00:01:32		01:05:10		01:46:52		00:02:38		00:22:31		02:11:59	DQ

### Mannen 45-49 jaar

Pos	StartNr	Cat	NK	Naam	Woonplaats	Run1	#Run1	Wis1	#W1	Bike	#Bike	NaBike	#NaB	Wis2	#W2	Run2	#Run2	Total	DQ
1	9	H45+	x	Coen de Wit	Arnhem	00:34:49	1	00:01:19	2	00:59:18	2	01:35:25	1	00:02:02	1	00:18:03	1	01:55:29	
2	5	H45+	x	Armand van der Smis	Tilburg	00:35:21	2	00:01:15	1	00:58:55	1	01:35:31	2	00:02:13	2	00:19:42	2	01:57:26	
3	58	H45+	x	Carlo van den Bergh	Rotterdam	00:38:06	5	00:01:22	3	01:00:56	3	01:40:23	3	00:02:17	3	00:20:56	4	02:03:35	
4	51	H45+	x	Olaf Brouwers	Rotterdam	00:37:59	4	00:01:28	4	01:01:16	4	01:40:42	4	00:02:24	4	00:21:00	5	02:04:05	
5	52	H45+	x	Niels Koole	Zoutelande	00:37:01	3	00:01:30	5	01:04:39	5	01:43:08	5	00:02:27	5	00:20:40	3	02:06:14	
6	50	H45+	x	Marco van Drogenbro	Woerden	00:39:38	7	00:01:33	6	01:05:20	7	01:46:30	6	00:02:38	7	00:22:25	8	02:11:32	
7	55	H45+	x	Tom van Tellingen	Sleen	00:40:10	8	00:02:13	11	01:04:55	6	01:47:17	7	00:03:07	9	00:22:30	9	02:12:53	
8	61	H45+	x	Cees den Dunnen	Vlaardingen	00:40:26	9	00:01:44	8	01:06:29	8	01:48:38	8	00:02:46	8	00:21:41	6	02:13:05	
9	64	H45+	x	Ruud Vermeulen	Oss	00:38:43	6	00:02:11	10	01:08:01	9	01:48:55	9	00:03:16	10	00:22:09	7	02:14:19	
10	56	H45+	x	Tom de Jonge	Bergen op zoo	00:40:54	10	00:01:49	9	01:09:05	10	01:51:47	10	00:03:34	11	00:23:22	10	02:18:42	
11	305	H45+		Leon Aleman	Drimmelen	00:44:32	11	00:01:39	7	01:09:56	11	01:56:06	11	00:02:36	6	00:25:19	11	02:24:00	
12	57	H45+	x	Leon van der Wilde	Vlaardingen	00:37:43		00:01:33		01:04:51		01:44:06		00:02:32		00:20:43		02:07:21	DQ
13	63	H45+	x	Maarten Krijnen	Hellevoetsluis	00:38:58		00:01:42		01:08:22		01:49:01							DQ

### Mannen 50-54 jaar

Pos	StartNr	Cat	NK	Naam	Woonplaats	Run1	#Run1	Wis1	#W1	Bike	#Bike	NaBike	#NaB	Wis2	#W2	Run2	#Run2	Total	DQ
1	67	H50+	x	John Aalbers	Nijmegen	00:36:30	2	00:01:28	3	01:01:14	1	01:39:11	2	00:02:28	1	00:19:40	2	02:01:17	
2	69	H50+	x	Hans Bader	Warmenhuize	00:35:53	1	00:01:27	2	01:01:49	3	01:39:08	1	00:02:42	4	00:19:32	1	02:01:21	

# NK Run Bike Run | Nissewaard | 09-10-2016

## Uitslag Kwart Heren per Categorie



3	68	H50+	x	Cyril Mica	Haarlem	00:37:03	3	00:01:25	1	01:02:58	5	01:41:24	3	00:02:28	2	00:20:50	4	02:04:42
4	71	H50+	x	Ron Band	Nieuwegein	00:38:39	4	00:01:29	4	01:04:07	6	01:44:14	6	00:02:35	3	00:20:17	3	02:07:05
5	72	H50+	x	Ron Aardenburg	Heemskerk	00:39:19	5	00:02:00	7	01:01:31	2	01:42:49	4	00:03:04	7	00:22:00	5	02:07:52
6	76	H50+	x	Ronald Kohn	Zuidland	00:40:19	6	00:01:52	5	01:02:03	4	01:44:12	5	00:03:12	8	00:23:28	7	02:10:52
7	302	H50+		Theo Kraaijenbrink	Zuidland	00:40:19	7	00:01:53	6	01:07:23	7	01:49:34	7	00:03:04	6	00:22:12	6	02:14:49
8	79	H50+	x	Bouke Doornbosch	Hellevoetsluis	00:44:57	8	00:02:11	9	01:10:59	9	01:58:07	9	00:03:51	10	00:26:47	10	02:28:44
9	77	H50+	x	Ger van Mossel	Leiden	00:47:10	10	00:02:27	10	01:07:58	8	01:57:34	8	00:03:59	11	00:29:09	11	02:30:42
10	75	H50+	x	Sjaak van Roon	Brielle	00:47:48	12	00:02:55	11	01:13:52	10	02:04:34	10	00:03:33	9	00:25:17	8	02:33:22
11	73	H50+	x	Joop Oskam	Spijkensisse	00:46:08	9	00:02:11	8	01:21:10	11	02:09:28	11	00:03:02	5	00:25:40	9	02:38:09
12	78	H50+	x	Dino Fageraas	Rotterdam	00:47:16	11								00:36:07		12	03:02:50

### Mannen 55-59 jaar

Pos	StartNr	Cat	NK	Naam	Woonplaats	Run1	#Run1	Wis1	#W1	Bike	#Bike	NaBike	#NaB	Wis2	#W2	Run2	#Run2	Total	DQ
1	81	H55+	x	Wout Graafmans	Gilze	00:39:25	2	00:01:35	1	01:03:14	1	01:44:13	1	00:02:38	1	00:21:56	3	02:08:47	
2	84	H55+	x	Kim Reynierse	Middelburg	00:37:39	1	00:02:01	3	01:06:49	4	01:46:28	2	00:02:50	3	00:20:12	1	02:09:29	
3	80	H55+	x	Werner Urbanus	Maassluis	00:41:40	4	00:01:53	2	01:03:36	2	01:47:08	3	00:02:41	2	00:22:54	4	02:12:43	
4	82	H55+	x	Aart van Wijk	Slidrecht	00:40:29	3	00:02:08	5	01:06:04	3	01:48:40	4	00:03:17	4	00:21:46	2	02:13:42	
5	83	H55+	x	Gerard Bank	Spijkensisse	00:47:10	5	00:02:04	4	01:09:04	5	01:58:16	5	00:03:42	5	00:26:02	5	02:28:00	
6	301	H55+		Jules Van Camp	Gierle	00:48:49		00:02:25		01:14:21		02:05:34		00:03:53		00:30:48		02:40:14	DQ

### Mannen 60-64 jaar

Pos	StartNr	Cat	NK	Naam	Woonplaats	Run1	#Run1	Wis1	#W1	Bike	#Bike	NaBike	#NaB	Wis2	#W2	Run2	#Run2	Total	DQ
1	88	H60+	x	Tini de Laat	Loon op zand	00:41:50	1	00:01:46	1	01:11:48	2	01:55:22	1	00:02:53	1	00:23:15	1	02:21:30	
2	86	H60+	x	Gerard van Lent	Ijmuiden	00:44:21	2	00:02:08	2	01:09:05	1	01:55:33	2	00:03:22	2	00:24:22	2	02:23:16	
3	89	H60+	x	Kees Vaneman	Huizen	00:46:52	3	00:03:20	3	01:19:22	3	02:09:33	3	00:06:19	3	00:29:48	3	02:45:39	

### Mannen 65-69 jaar

Pos	StartNr	Cat	NK	Naam	Woonplaats	Run1	#Run1	Wis1	#W1	Bike	#Bike	NaBike	#NaB	Wis2	#W2	Run2	#Run2	Total	DQ
1	92	H65+	x	Gerard van Wissen	Nieuw-beijerland	00:49:55	1	00:02:15	2	01:07:59	1	02:00:08	1	00:02:53	1	00:26:45	1	02:29:45	
2	93	H65+	x	Hans van Wijk	Beneden-leeuwen	00:49:55	2	00:02:02	1	01:11:55	2	02:03:51	2	00:03:46	2	00:29:03	2	02:36:39	
3	94	H65+	x	Jan Maaskant	Baarle-nassau	00:56:08	3	00:02:34	3	01:22:46	3	02:21:27	3	00:04:12	3	00:31:17	3	02:56:55	

### Mannen 70-74 jaar

Pos	StartNr	Cat	NK	Naam	Woonplaats	Run1	#Run1	Wis1	#W1	Bike	#Bike	NaBike	#NaB	Wis2	#W2	Run2	#Run2	Total	DQ
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## NK Run Bike Run | Nissewaard | 09-10-2016

Uitslag Kwart Heren per Categorie



1	95	H70+	x	Bert Streumer	Odijk	00:42:00	1	00:01:50	1	01:13:56	1	01:57:46	1	00:03:10	1	00:23:44	1	02:24:39
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### Mannen 75-79 jaar

Pos	StartNr	Cat	NK	Naam	Woonplaats	Run1	#Run1	Wis1	#W1	Bike	#Bike	NaBike	#NaB	Wis2	#W2	Run2	#Run2	Total	DQ
1	97	H75+	x	Harry van de Werff	Echteld	01:04:34	1	00:02:15	1	01:27:11	1	02:33:59	1	00:04:02	1	00:36:21	1	03:14:21	

MYLAPS Event Timing using MYLAPS ChampionChip (09-10-2016 17:18:20)